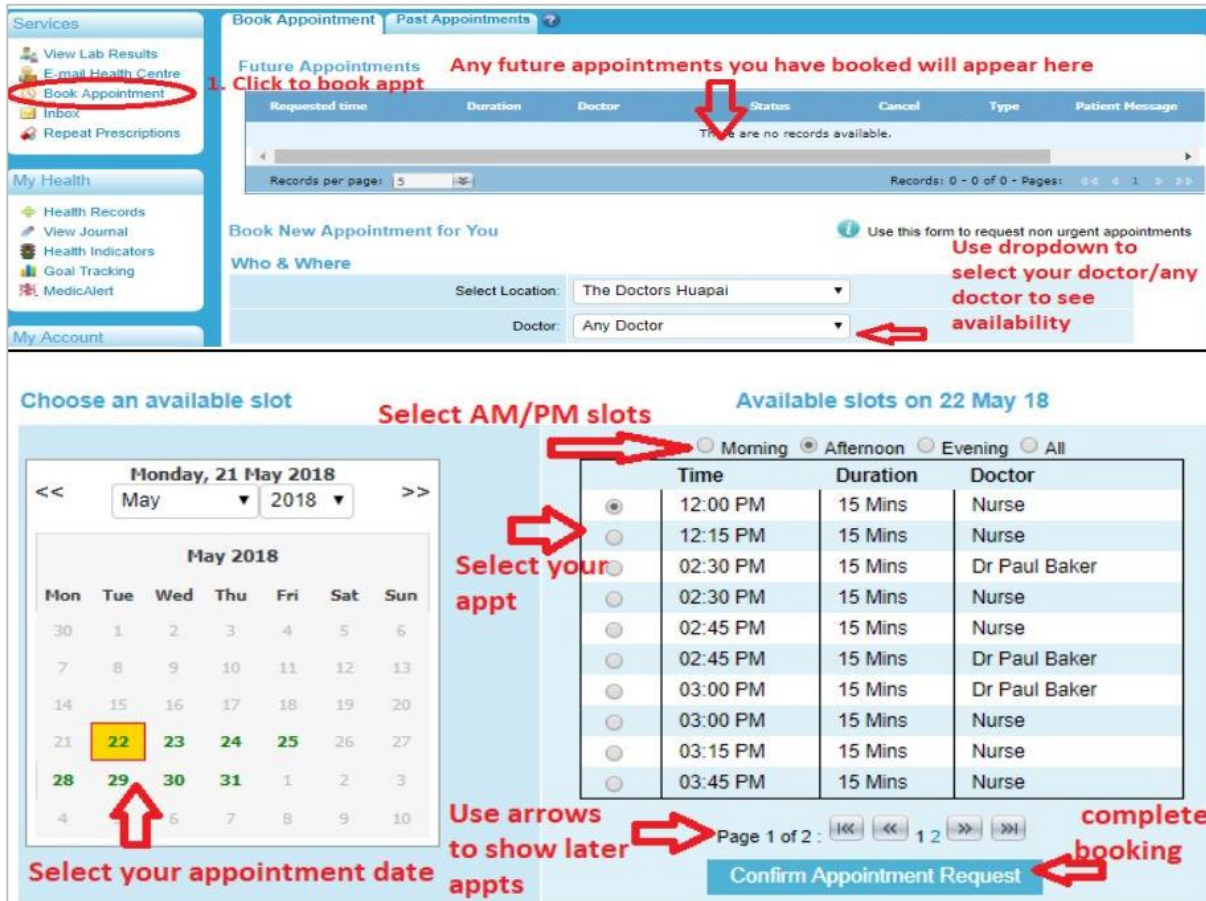


How to Use Manage My Health (MMH)

www.managemyhealth.co.nz

[Click here for Frequently Asked Questions about MMH](#)

Book an appointment



1. Click to book appt

Any future appointments you have booked will appear here

Use dropdown to select your doctor/any doctor to see availability

Choose an available slot

Select AM/PM slots

Select your appt

Select your appointment date

Use arrows to show later appts

complete booking

Confirm Appointment Request

Time	Duration	Doctor	
<input type="radio"/>	12:00 PM	15 Mins	Nurse
<input type="radio"/>	12:15 PM	15 Mins	Nurse
<input type="radio"/>	02:30 PM	15 Mins	Dr Paul Baker
<input type="radio"/>	02:30 PM	15 Mins	Nurse
<input type="radio"/>	02:45 PM	15 Mins	Nurse
<input type="radio"/>	02:45 PM	15 Mins	Dr Paul Baker
<input type="radio"/>	03:00 PM	15 Mins	Dr Paul Baker
<input type="radio"/>	03:00 PM	15 Mins	Nurse
<input type="radio"/>	03:15 PM	15 Mins	Nurse
<input type="radio"/>	03:45 PM	15 Mins	Nurse

You will be asked to specify a reason for your appointment. Please be as complete as much as possible to ensure your visit runs to schedule.

For the following types of visit please call the medical centre directly to book an appointment:

- Cervical Smears
- Immunisations (6 week checks, scheduled immunisations and travel immunisations)
- Driver's Medicals
- Extended consults (double appointments)
- WINZ medical certificates including disability forms
- Diabetes checks/ CVD management
- IUD/Contraceptive implant procedure / checkup

We are unable to register children under 16 for portal access by their parents. If you are a parent wishing to make a booking for your child, please indicate their name in the booking reason and we will alter your booking with the correct information.

Look at test results

Services: Prescriptions(13) Allergies(4) Immunisations(0) Diagnosis(13) Lab Results(21) Doctor Notes(0) Recalls(3)

1. Click to view entries

Double click to see more detailed results and Dr or nurse comments

Access info via tabs at top

Date Received	Test	Doctor's Comments	Health Centre	More Info
26 Feb 2018	Urine Micro/culture	positive - on Abx	The Doctors Huapai	i
23 Jan 2017	Gynae Cytology	advise normal and recall in 12m. Notified	Westgate Medical Centre	i
23 Jan 2017	Diabetic Profile	32 id	Westgate Medical Centre	i
23 Jan 2017	Testosterone	ok id	Westgate Medical Centre	i
23 Jan 2017	Reproductive Hormones	ok id	Westgate Medical Centre	i
23 Jan 2017	Thyroid Function Tests	ok id	Westgate Medical Centre	i
23 Jan 2017	Lipid Tests	ok id	Westgate Medical Centre	i
23 Jan 2017	Liver Function Tests	ok id	Westgate Medical Centre	i
23 Jan 2017	Iron Studies	ok id	Westgate Medical Centre	i
23 Jan 2017	Renal Function Tests	ok id	Westgate Medical Centre	i

Records per page: 10 Records: 1 - 10 of 21 - Pages: 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | Go to page

New health records are displayed with green background colour

Order repeat prescriptions

Home > Services > Inbox > Repeat Prescriptions

Services: View Lab Results, E-mail Health Centre, Book Appointment, Inbox, Repeat Prescriptions

1. Click Repeat Prescriptions in the left hand Service section

2. Select dropdown to collect or send to pharmacy

3. Press info button to select urgent/normal

4. Tick which medications you need

5. Add comments e.g. 3 months supply

6. Add any additional information we need e.g. which Pharmacy we should send your prescription to and their fax number.

I accept the Terms & Conditions

Tick to accept T&C

Select to submit your script request

Ask for medical advice

NB: the clinical team will assess whether they can advise you via MMH on your condition but may decide you need to be seen in person at the medical centre. Complex medical advice may incur additional fees.

Update contact details /change your medical centre

- Select View Profile under My Account in the left hand side menu
- Go to My Health Centre, click to change details, enter codes