



# Family Doctors@Smales is now closed, but rest assured we have things sorted for you and your family.

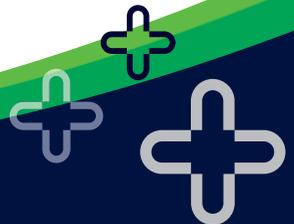
You can still visit **Dr Shelley Lichter** and **Dr Antje Bongartz** but at different practices on the North Shore.



Shelley will be at The Doctors Fred Thomas, 2 Fred Thomas Drive, Takapuna. Phone 972 9020 or email [info@fthealth.co.nz](mailto:info@fthealth.co.nz) to book appointments with Shelley. Their other doctors, Dr Asima Dervishi and Dr Oliver Allfree are also available to see you.



Antje will be at Dodson Medical Centre, 4 Dodson Ave, Milford. Phone 486 5482 or go to the website [www.dodsonmedical.co.nz](http://www.dodsonmedical.co.nz) for information on how to enrol with and book appointments with Antje.



# We look forward to meeting you at The Doctors Fred Thomas

## How we can help you

We hope you'll soon feel part of our family and to help you settle in we hope you will enjoy **50% off your first doctor consult** at The Doctors Fred Thomas to get to know you, and the medical team can become familiar with your personal health needs. Just bring the voucher below in with you on your first appointment. Dr Shelley Lichter and their other doctors, Dr Asima Dervishi and Dr Oliver Allfree are available to see you.

Our medical centre is friendly and modern with plenty of free car parking and wheel chair access. You also get:

- Online patient portal available from 20 April - free registration to book GP appointments, request repeat prescriptions, check lab and test results and enjoy secure communication with medical team
- Very experienced team of nurses and female and male doctors
- A health & wellbeing hub for your health and wellbeing: Unichem Fred Thomas Pharmacy, Mercy Radiology, Physiotherapy, Step Forward Podiatry, Fillan Healthcare and other visiting specialists. The Pharmacy is still open during the COVID-19 lockdown

During COVID-19

- We are still here to help all our patients
- We are doing phone, virtual and face-to-face consults - phone to book
- If you have symptoms of coronavirus please phone Healthline 0800 358 5453

There is a lot more information and updates on how we can help you throughout COVID-19 on our website: <https://thedoctors.co.nz/The-Doctors-Fred-Thomas>

**Phone reception to book your first appointment 972 9020**

### The Doctors Fred Thomas

2 Fred Thomas Drive, Takapuna 0622  
P 09 972 9020  
E [info@fthealth.co.nz](mailto:info@fthealth.co.nz)  
W [thedoctors.co.nz/The-Doctors-Fred-Thomas](https://thedoctors.co.nz/The-Doctors-Fred-Thomas)  
Facebook The Doctors Fred Thomas

### Open Hours

Mon - Fri 8am - 5pm (temporarily during COVID)



# 50% off your first doctor consult

For all patients coming from FAMILY DOCTORS@SMALES

Expiry 31 August 2020. Present this voucher at The Doctors Fred Thomas reception  
Valid only at The Doctors Fred Thomas medical centre, conditions apply.