

Patient Newsletter - March 2020

Coronavirus



Call the dedicated Healthline Coronavirus number below:

The number is <u>0800 358 5453</u>

(or for international SIMs +64 9 358 5453).

It is free and available 24 hours a day, 7 days a week.

Current status - What you need to know

As your Healthcare provider, we are taking guidance from the Ministry of Health (MoH), information is being updated daily, so please keep an eye on our website and Facebook page to keep up to date with the most current information.

To date, New Zealand has had a single case of COVID-19.

The MoH have been using <u>our pandemic plan</u> to guide actions since the World Health Organization announced in January an outbreak of a new coronavirus in mainland China.

The MoH is confident the swift actions by the person and their family, and the health sector, means there is a low risk of any spread into the community from this case.

New Zealand does not have COVID-19 circulating in our communities

The Doctors Napier 30 Munroe St, Napier 06 835 4696 info@na.thedoctors.co.nz

www.thedoctors.co.nz



The likelihood of an imported case in New Zealand was high, however, the likelihood of a widespread outbreak is low-moderate.

It is critically important that we all work together to protect New Zealanders from COVID-19 and play our part in the global effort to contain it.

We all need to follow our public health messaging, such as <u>hand hygiene and cough etiquette</u>, and the MoH is closely managing any cases and contacts.

There are border controls in place for travellers coming in to New Zealand from mainland China or Iran

If you have arrived today or transited through mainland China or Iran, or have been in close contact with someone confirmed with COVID-19, in the last 14 days:

We ask that you self-isolate for 14 days from the date of departure or close contact

Please register your details with Healthline if you have not already.

We're also asking people who have visited Hong Kong, Italy, Japan, Republic of Korea, Singapore and Thailand and who have developed symptoms of fever, cough or shortness of breath to seek medical advice by first phoning Healthline's dedicated COVID-19 number <u>0800 358 5453</u> or contact your GP, **including phoning ahead of your visit.**

Prevention - how to protect yourself and others

You can take some simple steps to help stop the spread of diseases like COVID-19.

Avoid close contact with people with cold or flu-like illnesses.

Cover coughs and sneezes with disposable tissues or clothing.





♦ Wash hands for at least 20 seconds with water and soap and dry them thoroughly:

- ♦ before eating or handling food
- after coughing, sneezing, blowing your nose or wiping children's noses

Travelling to affected countries?

The Ministry of Foreign Affairs and Trade is providing the latest advice for travellers on the Safe Travel website.

Full information about Coronavirus can be found at: https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus

2020 Flu Vaccines

An order has been placed for Flu Vaccines; however, we currently have no estimated date of arrival.

Funding for eligible patients does not start until 1st April

We will keep you up to date on the arrival of our vaccines in to our clinics.

Non-Attendance Charges

A reminder our appointments are highly valuable and hard to come by. We ask that you please advise us (within 4 hours of your appointment time) if you cannot make your appointment.

If you fail to cancel your appointment (children included), a Non-Attendance fee of \$19.00 will be charged.

We thank you for your cooperation for helping to free up appointments to those who really need them. The Doctors Napier 30 Munroe St, Napier 06 835 4696 info@na.thedoctors.co.nz

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Westshore change of hours

Please note the change in hours at our Westshore clinic.

New clinic hours for Westshore are as follows:

Open Monday to Thursday 8:30am – 5:00pm (Closed 12:30pm-1:30pm) Open Friday 8:30am – 1:00pm

After hours services available at The Doctors Napier

Ph: 06 8354696

New Faces at The Doctors Greenmeadows

The Doctors is pleased to introduce 2 new faces to our Greenmeadows team.

Dr Daniel Fouhy is our new General Practitioner. Dr Fouhy will be joining Healthcare Team 5 and helping to take care of patients who are assigned to Team 5.

Helen August also joins our Greenmeadows team as our new Nurse Practitioner. She will be working part time and helping out our acute care team in the Greenmeadows clinic.

We are delighted to have these two join our team to be able to provide you with more options when looking for healthcare.

As well as these 2 permenant staff at Greenmeadows we have recently recruited new Registered Nurses and Healthcare Assistants who will work across the centres. A very warm welcome to these new staff members Suzie, Jenna, Jemma, Kathy & Catherine.

