



New initiative

Last month Patient newsletters were emailed out to over 12,500 of our patients.

We are hoping that this will help improve our communication of what is going on within our clinics.

We apologise if you received more than one email. We are working on the little glitches and hope to have this fine-tuned very shortly. We are sure you can appreciate we are dealing with a large volume of emails.

If you do not wish to receive these emails please be sure to reply, so we can remove you from the mailing list.



FAQ's about our emailed newsletter:

Q: Why is there is a confidential disclosure statement on the email?

A: *As this is generated from our Patient Management System, this is a pre-programmed disclosure that is on all of our emails and cannot be removed.*

Q: I can't open the attachment?

A: *The attachment comes through in a PDF format. If you are unable to view PDF's on the device you are using you can view our Newsletters on our website. They are published monthly under "latest news"*

<https://thedoctors.co.nz/The-Doctors-Napier#Latest-news>

Q: Why am I receiving this email as a "recall"

A: *Due to the way the mailing list is generated from our system it is classified as a recall and unfortunately cannot be changed.*

Q: I do not wish to receive this Newsletter via email

A: *Simply respond to this email that you do not wish to receive it and you will be taken off our mailing list.*

Welcome back to our EIT students and staff for 2020

Now with EIT back in full swing our clinic out at EIT is back up and running for staff and students.

A warm welcome to the new staff and students attending EIT this year.

Our campus clinic offers staff and students a range of services, including GP consultations, nurse consultations & counselling services at reduced rates.

There are many benefits to enrolling at the clinic. See the receptionist at the clinic in K block for more details on how to enrol.

More information can be found on our website:

<https://thedoctors.co.nz/EIT-Health-Centre>

Being enrolled at our EIT clinic also gives you access to our 3 other clinics in Napier.

Coming Soon

We are currently working to publish Frequently Asked Questions on our website.

We often find that we are being asked the same questions about what changes are going ahead in our clinics. We hope to have this published and all of your questions answered by the end of this month.





Vaccinate on time to protect your whānau and community



You may have some questions about your child's vaccination programme and it's important you discuss these with your doctor or nurse because vaccines are an important way to protect their health.

There are a series of free vaccinations timed for different life stages and the National Immunisation Schedule tells you when your child needs to have each vaccination and what it is for.

Missing or delaying a vaccination can put everyone's health at risk and we recommend children are vaccinated on time.

Your medical practice will send you a reminder to bring your child in for the vaccination and the doctor or nurse will explain the vaccination process to you and answer your questions.

Vaccinations are generally given as injections in the arm or leg, although the rotavirus vaccine, Rotarix, is a liquid that is dropped into your baby's mouth and swallowed.

If your baby has a minor illness without fever, such as a cold, they should still have their vaccinations as normal.

However, if your baby is ill with a fever, delay the vaccination until they have recovered.

After the vaccination, you and your child will be asked to remain at the medical centre for 30 minutes so your child can be monitored.

It's common for most children to be a little unsettled for a couple of days after their vaccinations and they may be more restless or sleepier than usual.

As with all medicines, there may be side effects but they are usually mild and can include redness, swelling and tenderness at the injection site, fever and mild diarrhoea.

Contact us to make an appointment or to get more information about vaccines, or call the Immunisation Advisory Centre on freephone 0800 466 863.